

DAY

06

OF 43

The Eyes Began to Open

His Eyes · Perception Healed Through Encounter · Table Day 3 of 40

THIS CARRIES
HEALING.
THIS IS
THE CURE.

BEFORE · WHAT I NOTICE IN MY BODY RIGHT NOW

☐ tight chest ☐ racing thoughts ☐ numbness ☐ sadness ☐ peace ☐ fatigue ☐ shallow breath ☐ heaviness *other*

01 PREPARE

Bread and cup. Whatever you have at home. *The Lamb already was.*

02 BREATH PROMPT

INHALE
Receive this moment.

EXHALE
Release the begging.

INHALE
Seal the date.

03 TODAY

His Eyes. Perception healed in the exact place the limitation lived.

04 THE BITTER YOU ARE BRINGING

What have I been agreeing to see that has shaped how I see myself? Inherited fear · survival identity · the family lens · what others said I am · what trauma taught me to expect. Name it.

05 THE WORD

"He spat on the ground, and made clay of the spittle... He answered and said, A man that is called Jesus made clay, and anointed mine eyes... One thing I know, that, whereas I was blind, now I see."

JOHN 9:6-25 · EPHESIANS 1:18 · 2 CORINTHIANS 4:4

06 THE TEACHING · LISTEN ON YOUTUBE

The mud was made from the same material as Genesis. The healing happened in the exact place the limitation lived.

07 Take the Bread
Hold it. Then declare:

This is His body. The same hands that made the dust in Genesis make the mud that anoints my eyes. I receive perception healed at the source. Now eat.

08 Take the Cup
Hold it. Then declare:

This is the new covenant in His blood. The eyes of my heart are flooded with light. What I have not seen, I begin to see. Now drink.

09 · SEAL

Tetelestai. It is finished.

He ever lives to make intercession for me — to the uttermost.

HEBREWS 7:25

Forget not all His benefits.

PSALM 103:2

10 · CARRY IT OUT

One thing I will carry with me today —

Bring somebody with you.