

DAY

17

OF 43

His Voice

The Final Tetelestai · Speaking from a Finished Work · Table Day 14 of 40

THIS CARRIES
HEALING.
THIS IS
THE CURE.

BEFORE · WHAT I NOTICE IN MY BODY RIGHT NOW

☐ tight chest ☐ racing thoughts ☐ numbness ☐ sadness ☐ peace ☐ fatigue ☐ shallow breath ☐ heaviness *other*

01 PREPARE

Bread and cup. Whatever you have at home. *The Lamb already was.*

02 BREATH PROMPT

INHALE
Receive this
moment.

EXHALE
Release the begging.

INHALE
Seal the date.

03 TODAY

His Voice. Gathered itself at Calvary for one final declaration — Tetelestai — so my voice could speak from a finished work.

04 THE BITTER YOU ARE BRINGING

What has silenced me — what disease, trauma, shame, or years of being told I do not matter has taken my voice? Speech disorders · stuttering · the swallowed words · the things I never said · the apology that was never offered to me · the truth I have been afraid to speak out loud. Name it.

05 THE WORD

"When Jesus therefore had received the vinegar, he said, It is finished: and he bowed his head, and gave up the ghost."

JOHN 19:30 · ISAIAH 50:4 · PROVERBS 18:21

06 THE TEACHING · LISTEN ON YOUTUBE

Tetelestai. One word in Greek. The voice that finished the work finishes the silence.

07 Take the Bread
Hold it. Then declare:

This is His body. The voice that spoke worlds into being is the voice that finished the work. I receive His logos and His rhema. My silence breaks where His tetelestai lands. Now eat.

08 Take the Cup
Hold it. Then declare:

This is the new covenant in His blood. Death and life are in the power of the tongue — and the tongue that gave up the ghost gave me life. I speak from a finished work. Now drink.

09 · SEAL

Tetelestai. It is finished.

He ever lives to make intercession for me — to the uttermost.

HEBREWS 7:25

Forget not all His benefits.

PSALM 103:2

10 · CARRY IT OUT

One thing I will carry with me today —

Bring somebody with you.