

DAY

29

OF 43

His Side · His Ribs

God's Divine Real Estate · You Are the Temple · Table Day 26 of 40

THIS CARRIES
HEALING.
THIS IS
THE CURE.

BEFORE · WHAT I NOTICE IN MY BODY RIGHT NOW

☐ tight chest ☐ racing thoughts ☐ numbness ☐ sadness ☐ peace ☐ fatigue ☐ shallow breath ☐ heaviness *other*

01 PREPARE

Bread and cup. Whatever you have at home. *The Lamb already was.*

02 BREATH PROMPT

INHALE
Receive this
moment.

EXHALE
Release the begging.

INHALE
Seal the date.

03 TODAY

His Side. From His pierced side the bride was born — blood and water — and I am the temple where He dwells.

04 THE BITTER YOU ARE BRINGING

Where have I been treating my body as contested space — leased, occupied, not my own — when it is actually the temple of God? Side conditions · rib pain · the body that has been violated · the body that has felt like it belongs to someone else · the disconnection from my own dwelling. Name it.

05 THE WORD

"What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?"

1 CORINTHIANS 6:19 · GENESIS 2:7 · EPHESIANS 2:22

06 THE TEACHING · LISTEN ON YOUTUBE

Tsela. From the first Adam's side, the bride was taken. From the Last Adam's side, the bride was born.

07 Take the Bread
Hold it. Then declare:

This is His body. I am God's divine real estate. I am not leasing — I am the address. Naos — the dwelling where He chooses to live. Now eat.

08 Take the Cup
Hold it. Then declare:

This is the new covenant in His blood. Blood and water from His side. The bride is born. The body is the temple. The territory belongs to Him. Now drink.

09 · SEAL

Tetelestai. It is finished.

He ever lives to make intercession for me — to the uttermost.

HEBREWS 7:25

Forget not all His benefits.

PSALM 103:2

10 · CARRY IT OUT

One thing I will carry with me today —

Bring somebody with you.