

DAY

30

OF 43

His Blood

The Afflicted Shall Eat · Tola'at Shani · The Crimson Worm · Table Day 27 of 40

THIS CARRIES
HEALING.
THIS IS
THE CURE.

BEFORE · WHAT I NOTICE IN MY BODY RIGHT NOW

☐ tight chest ☐ racing thoughts ☐ numbness ☐ sadness ☐ peace ☐ fatigue ☐ shallow breath ☐ heaviness *other*

01 PREPARE

Bread and cup. Whatever you have at home. *The Lamb already was.*

02 BREATH PROMPT

INHALE
Receive this
moment.

EXHALE
Release the begging.

INHALE
Seal the date.

03 TODAY

His Blood. The afflicted shall eat and be satisfied. The crimson worm bound to the tree poured out the blood that the priests were only wearing.

04 THE BITTER YOU ARE BRINGING

Am I bent over today — anavim — under affliction that has lasted too long? Bring it. The chronic affliction I have stopped naming · the bent-down posture · the years of being told I do not qualify · the affliction that has become my address. Name it.

05 THE WORD

"The meek shall eat and be satisfied: they shall praise the Lord that seek him: your heart shall live for ever."

PSALM 22:26 · LEVITICUS 17:11 · 1 JOHN 1:7

06 THE TEACHING · LISTEN ON YOUTUBE

Psalm 22 is not an abandonment psalm. It runs through suffering and out into the global feast. The afflicted shall eat.

07 Take the Bread
Hold it. Then declare:

This is His body. Tola'at shani — the crimson worm bound to the xylon, the tree. The blood the priests wore on their garments now flows for me. The afflicted shall eat. Now eat.

08 Take the Cup
Hold it. Then declare:

This is the new covenant in His blood. Katharizō — continually cleanses. I am bent over no more. I am the named guest of Psalm 22. Now drink.

09 · SEAL

Tetelestai. It is finished.

He ever lives to make intercession for me — to the uttermost.
HEBREWS 7:25

Forget not all His benefits.
PSALM 103:2

10 · CARRY IT OUT

One thing I will carry with me today —

Bring somebody with you.