

DAY

35

OF 43

## Unforgiveness in the Body

Clearing the Occupation · The 7×70 Revelation · Table Day 32 of 40

THIS CARRIES  
HEALING.  
THIS IS  
THE CURE.

### BEFORE · WHAT I NOTICE IN MY BODY RIGHT NOW

☐ tight chest ☐ racing thoughts ☐ numbness ☐ sadness ☐ peace ☐ fatigue ☐ shallow breath ☐ heaviness *other*

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#### 01 PREPARE

Bread and cup. Whatever you have at home. *The Lamb already was.*

#### 02 BREATH PROMPT

**INHALE**  
Receive this  
moment.

**EXHALE**  
Release the begging.

**INHALE**  
Seal the date.

#### 03 TODAY

**The Clearing Day.** What if there is something occupying the same members I have been bringing to this table — and that thing is not a diagnosis but something I am still holding?

#### 04 THE BITTER YOU ARE BRINGING

*Whose name is in my shoulders? Whose face is in my jaw? Whose memory replays in my gut?* The unforgiveness I have been calling justice · the bitterness I have been calling discernment · the resentment that has gripped a body part for years · the name I still cannot say without bracing. Name it.

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#### 05 THE WORD

*"Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven."*

MATTHEW 18:21-22 · MARK 11:25 · HEBREWS 12:15

#### 06 THE TEACHING · LISTEN ON YOUTUBE

*The 70×7 is not counting their offenses. It is counting my memory's replays. Every time it surfaces — that is when I forgive again.*

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07 Take the Bread  
Hold it. Then declare:

*This is His body. I bring the name. I bring the face. I release once more — *aphiēmi* — so the receiving can be complete. Now eat.*

08 Take the Cup  
Hold it. Then declare:

*This is the new covenant in His blood. The occupation is cleared. The body parts I have been bringing to this table are free to receive. Phase Two closes. Now drink.*

#### 09 · SEAL

## Tetelestai. It is finished.

*He ever lives to make intercession for me — to the uttermost.*  
HEBREWS 7:25

*Forget not all His benefits.*  
PSALM 103:2

#### 10 · CARRY IT OUT

*One thing I will carry with me today —*

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**Bring somebody with you.**